



Your dreams are sacred. They provide powerful clues to lead you on your perfect path of success, especially in dōTERRA. Sit down (by yourself or with a partner) and really explore the possibilities. Envisioning your dreams and putting them down on paper is the first step toward making them a reality. People who write down their dreams are much more likely to achieve them.

Remember you are supported by amazing mentors, team leaders, family, and friends who care about you and want you to succeed. Dream big! Dive into your dreams with the following questions, referencing your notes on the *Dream Big Brainstorm*.

1 What have you always wanted to do? What would you like to achieve?

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2 What would you most like to do if you had more time or resources (e.g. hobbies, volunteer work, learning, reaching out, relaxing, etc.)?

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3 Who do you want to spend more time with? Which relationships do you want to strengthen (e.g. spouse or partner, family member, new or old friends, etc.)?

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4 Where do you dream of going (e.g. local, abroad, historical sites, trace your roots, visit friends or family, etc.)? How do you want to travel? With whom?

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5 What lifestyle changes do you desire (simplify life, live abroad, on the go, etc.)? How do you dream of living? Where (e.g. stay in the area, closer to family, closer to something you love)?

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6 When you think of living your ideal life, what does it feel like? Jot down any descriptive words that come to mind.

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7 What lasting mark do you want to make in the world? What kind of legacy do you desire to leave? What do you want to be known as or remembered by?

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